



The Ileho Community Centre For Social Services
Oscar Siema Mmbali, Director

Wish List March 2010

Solar powered radios: Any brand

the most desired item and not available locally, solar powered radios are important for building participation in civic events and for connecting with and informing women who work on the farms and in the fields

Amazon.com resources: (there are others, of course)

http://www.amazon.com/American-ARCFR160R-Microlink-Self-Powered-Flashlight/dp/B001QTXKCE/ref=dp_ob_title_ce?ie=UTF8&qid=1267980118&sr=8-1

or

http://www.amazon.com/American-ARCFR160W-Microlink-Self-Powered-Flashlight/dp/B001QTXKCO/ref=dp_ob_title_ce?ie=UTF8&qid=1267980194&sr=1-10

School supplies:

pens, pencils, notebooks and pads of paper, any school supplies

For children:

shoes for children under 10 years old
sweaters – navy blue, sky blue, green (for school uniforms)
any children's clothing in new or good used condition
learning materials for nursery school age children

For women and girls:

(there are 30 widows in "our" region of Western Kenya who all need whatever help we can provide)

raincoats

umbrellas

sanitary pads (preferred) and/or tampons

girls often miss school due to lack of sanitary products

female condoms
any personal care items – sample sizes of lotion, perfume, toothbrushes, toothpaste, deodorant, shampoo, hair styling products, hair ornaments, etc.
Tylenol, Advil (and the like) and ointments for back pain
tomato seeds
seeds for greens – kale, mustard greens, any other leafy green vegetables
blankets and bedding
long India cotton style skirts
scarves
sweaters

Fabric:

navy and dark blue (for sewing school uniforms), green, white, yellow and light pink for blouses. Sewing students in the community will make school uniforms for the orphans with the fabric

any sewing notions

For babies:

clothes, lotions, Vaseline and petroleum jelly, any baby sundry items

Books on organic farming

Any horticultural items – seeds, small hand tools, books

Cash donations are used to purchase items as follows:

Clothes – approx. \$1 USD per item

Construction materials – approx. \$14. USD per sheet of iron roofing, \$4 USD per kilogram of nails

Food – 1 kilogram (2.2 lbs) of maize costs approximately \$1 USD. Best purchased locally as prices shift depending on the seasons

Shoes – approx. \$4 USD per pair

Medicine – approx. \$1.50 USD per dose for pain killers, flu, fever and malaria medicine. Also better purchased locally.

Toothpaste and toothbrushes – *approx. \$1 USD for 50 grams of toothpaste, less than \$1 USD per toothbrush*

Sewing machines – *approx. \$125. USD for each manual sewing machine*

Construction materials

Iron roof (corrugated iron roofing), nails or tools

Wood is locally available by donations, labor is done by volunteers

Any items that it makes more sense to buy there than to ship over

Cash donations can be made via PayPal to cydabatt@yahoo.com 100% of the donation is passed through to the Ileho Community Centre for Social Services.

Packages can be sent directly to the program c/o Director Mmbali

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Questions?

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